NSPCC

Parent/carer resources available on NSPCC websites

Parent/carer resources	Website location/link
Support for parents/carers Parenting can be rewarding, but it can also be challenging. We've got parenting tips for all stages of your child's life, as well as advice on how to deal with difficult situations.	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/
Activities for kids at home Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children. New books/fun crafts available from the NSPCC shop.	www.nspcc.org.uk/activities https://shop.nspcc.org.uk/collections/books https://shop.nspcc.org.uk/collections/things-to-do-at-home
Online Safety Hub Visit our Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. You will also find online safety information for families of children with additional needs and disabilities. We have worked with Ambitious about Autism and parents and carers who have children with additional needs and disabilities to create activities to help talk about online safety. **Keeping Children Safe Online blog** Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/ Online safety for families and children with SEND How to support children with SEND with talking to people online Supporting online wellbeing for children with SEND Included on each of these pages are links to activities to help talk about online safety for this specific audience. www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog
Talking PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. You can find out more and download the free resources on our website. Penguin and Ladybird have partnered with the NSPCC to create a Pantosaurus book aimed at children aged 4 - 8. The NSPCC has also partnered with a range of charities to help you talk to your child about the PANTS rules. There are a range of PANTS guides available from our website including guides for children with learning disabilities or autism and a BSL video for deaf children. You can download the guide that's right for you from our website, watch our Makaton or BSL Talk PANTS films and download free prompt cards to help you talk PANTS with Makaton.	www.nspcc.org.uk/pants You can find copies of the book on sale at https://shop.nspcc.org.uk/ or in Matalan's selected stores. All profits from the sale of this book will support the NSPCC. nspcc.org.uk/pantsguides

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Childline	www.childline.org.uk/kids
Childline has a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. The Childline website has an accessibility tool too, you can find out about it by clicking on the accessibility link in the Get Support menu. Children can use it to: • Read the website out to them • Change the text size and font • Change webpages to just text only • Add a mask or ruler to help them focus on just part of the page • Magnify parts of the webpage • Translate the website in to over 120 languages	

You can also find a variety of NSPCC videos on YouTube, including the selection below which you may find helpful.

NSPCC Videos for parents	Website location/link
Infant Mental Health with NSPCC: **Look Say Sing Play** Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain. **Singing Day | Look Say Sing Play | NSPCC** **Our Brain's Air Traffic Control (Executive Function) | NSPCC** **Building Strong Brain Architecture | NSPCC**	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/ https://www.youtube.com/watch?v=KySkBRvJxNw Our Brain's Air Traffic Control (Executive Function) | NSPCC - YouTube Building Strong Brain Architecture | NSPCC - YouTube Sign up for brain-building tips