



Victoria Road Primary School PE Curriculum 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec/Y1	Gymnastics – Pathways - small & long.	Dance – Under the Sea	Target Games 2 (refer to target games 1 for EYFS)	Gymnastics – Balancing and spinning on points & patches.	Athletics 2 (refer to athletics 1 for EYFS)	Striking and Fielding Games – skills 1
	Fundamental Movement Skills 2 (refer to skills 1 for EYFS)	Invasion Games – Skills 1	Yoga Storybook	Net & Wall Game Skills 1	Dance - Minibeasts	Personal Challenges
Year 2	Gymnastics – stretching, curling & arching.	Dance – Fire of London.	Target Games 3	Gymnastics – spinning, twisting & turning.	Athletics 2	Striking & Fielding Games – Skills 2
	Fundamental Movement Skills 3	Invasion Games Skills 2	Yoga	Net & Wall Games – skills 2	Dance - Pirates	Personal Challenges
Year 3/4	Swimming	Swimming	Football	Gymnastics – receiving body weight.	Athletics	Cricket
	Gymnastics – linking movements together.	Dance – Dance around the World.	Yoga	Badminton.	Dance - Egyptians	Personal Challenges
Year 4/5	Invasion Games – Skills 4 (also visit skills 3)	Netball	Swimming	Swimming	Athletics	Rounders
	Gymnastics – Matching, mirroring & contrast.	Dance – British Values	Dodgeball	Gymnastics – partner work – under and over.	Dance – The Haka	Personal Challenges



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Year 6	Hockey	Leadership – outdoor & adventurous skills.	Rounders	Dance – World War 2	Swimming	Swimming
	Gymnastics - Flight	Dance – Dance through the ages.	Gymnastics – Group Sequencing	Volleyball	Athletics	Personal Challenges